

# J-1 Visa (Exchange Visitor)

The J-1 visa is a nonimmigrant visa (temporary stay) for persons who participate in an exchange program in the United States. The following information refer to the company-relevant "Intern" and "Trainee" J-1 categories.



## PURPOSE OF STAY

### Study-related internship abroad (Intern) / Vocational training (Trainee)

- Cultural exchange
- Experience abroad and work experience
- Personal development
- Language skills enhancement
- Getting to know the company

## PARTICULARITIES

- Extensive and time-consuming application process
- Further J-1 categories:  
Au Pair, Camp Counselor, College and University Student, Government Visitor, International Visitor, Physician, Professor and Research Scholar, Secondary School Student, Short-Term Scholar, Specialist, Summer Work Travel, Teacher
- Spouses and children can get a general work permit (EAD) and attend public/private educational institutions

## REQUIREMENTS

- Academic education (enrollment at a university/graduation less than a year ago/ graduation including 1 year of work experience) or 5 years of relevant work experience outside of the U.S.
- Clear link between previous study/work and purpose of stay
- Demonstration of English skills (language test/interview), sufficient financial resources and health insurance for the entire stay, if necessary
- Valid DS-2019 form

## USEFUL INFORMATION

### Validity

- Max. 12 (Intern) or 18 months (Trainee)
- Additional stay up to 30 days before and after internship (Grace Period)

### Application procedure

- DS-7002 (Training/Internship Placement Plan) by U.S. host company
- DS-2019 (Certificate of Eligibility) by J-1 visa sponsor
- DS-160 online application by visa applicant
- Personal interview at the U.S. consulate
- Passport is withheld at interview and delivered after about 1 week

## We take care of the visa application process for you!

All-round support from our qualified US Visa Service team:

- Individual support of applicants and companies
- Examination of all documents with regard to legal requirements
- Secure processing by your personal visa consultant
- 10-12 weeks from the first consultation to the receipt of the visa
- Reduction of in-house workload

Is this the right visa for you?

We answer your questions!

 **+49 30 398 20 40 - 00**

**The American Dream – US Visa Service GmbH**  
Danckelmannstr. 9 | 14059 Berlin | Germany  
Tel +49 30 3982040-00  
[info@usvisaservice.de](mailto:info@usvisaservice.de)  
[en.usvisaservice.de](http://en.usvisaservice.de)